

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>10:15 Easy Tone</p> <p>10:30 Seasonal Trivia</p> <p>11:00 Art Corner</p> <p>"Fall Wreath"</p> <p>1:30 Room Visits / Strolls</p> <p>2:00 Pumpkin Ice Cream Making & Decorating</p> <p>3:00 Bean Bag Toss</p> <p>3:30 Fall Poetry Writing</p> <p>4:00 Singing Together</p> <p>6:15 Game Night</p>	<p>10:15 Stretches & Meditation</p> <p>10:45 Reading Aloud</p> <p>11:15 Morning Bingo</p> <p>1:30 Room Visits & Strolls</p> <p>"Newspaper Pumpkins"</p> <p>3:00 Crackers/Cheese</p> <p>3:15 Fall Word Find Game</p> <p>4:00 MOMA Art Review</p> <p>6:30 Trug Spinal Band</p>	<p>10:15 Dice Tone</p> <p>10:45 Childhood Stories</p> <p>11:00 Baking Corner</p> <p>"Spinach Dip"</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Fall Ride Around</p> <p>3:30 High Tea & Word Association</p> <p>4:00 Afternoon Stretch & Meditation</p> <p>6:15 Music With Amy</p>	<p>10:15 Chair Yoga</p> <p>10:45 Picture Memories</p> <p>11:00 In Door Herb Planting</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Massage Therapy & Herb Tea</p> <p>3:00 Reminiscing</p> <p>3:30 Singing Together</p> <p>4:00 Corn Hole Toss</p> <p>6:15 Adult Coloring</p>	<p>10:15 Fast Tempo Moving</p> <p>10:45 Math Quiz</p> <p>11:00 Sensory Craft</p> <p>"Loopy Knot Bracelet"</p> <p>11:45 Laughter</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Matinee & Snack</p> <p>3:30 Afternoon "Cards"</p> <p>4:15 Reading & Relax</p> <p>6:15 Memory Game</p>	<p>10:15 Morning Stretch</p> <p>10:45 Master Mind</p> <p>11:15 Table Games</p> <p>1:30 Room Visits & 1-1</p> <p>2:00 Outside Visits</p> <p>2:15 SNACK TIME</p> <p>2:45 Games</p> <p>3:15 Picture Memories</p> <p>3:45 Afternoon Stretch</p> <p>6:15 Humor Before Bed</p>
<p>9:45 Richmond Grace Fellowship</p> <p>10:45 Movement To Music</p> <p>11:30 Singing Together</p> <p>1:30 Strolls & Visits</p> <p>2:00 Bingo-2ns Fl. Activity</p> <p>3:00 Afternoon Cheers & REMENISCING</p> <p>6:15 Evening Devotions</p>	<p>10:15 Stretches & Meditation</p> <p>10:45 Writing Poetry</p> <p>11:15 Morning Bingo</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Halloween Craft</p> <p>"Toilet Paper Pumpkins"</p> <p>3:00 Fresh Fruit Snack</p> <p>3:15 Spelling Bee</p> <p>4:00 MOMA Art Review</p> <p>4:30 Calming Meditation</p> <p>6:15 Memory Game</p>	<p>10:15 Dice Tone</p> <p>10:45 Mind Challenge Quiz</p> <p>11:00 Table Games</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Baking Corner</p> <p>"Pumpkin Chair"</p> <p>3:30 High Tea & Word Association</p> <p>4:00 Afternoon Stretch</p> <p>6:15 Music With Mathew</p>	<p>10:15 Chair Yoga</p> <p>10:45 Picture Memories</p> <p>11:00 Flower Arranging</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Massage Therapy & Herb Tea</p> <p>3:00 Picture Memories</p> <p>3:30 Singing Together</p> <p>4:00 Corn Hole Toss</p> <p>6:15 Adult Coloring</p>	<p>10:15 Fast Tempo Moving</p> <p>10:45 Math Quiz</p> <p>11:00 Sensory Craft</p> <p>"Herb & Spice Balls"</p> <p>11:45 Laughter</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Matinee & Snack</p> <p>3:30 Afternoon Game</p> <p>"Race To 100"</p> <p>4:15 Reading & Relax</p> <p>6:15 Memory Game</p>	<p>10:15 Morning Stretch</p> <p>10:45 Master Mind</p> <p>11:15 Table Games</p> <p>1:30 Room Visits & 1-1</p> <p>2:00 Outside Visits</p> <p>2:15 SNACK TIME</p> <p>2:45 Games</p> <p>3:15 Picture Memories</p> <p>3:45 Afternoon Stretch</p> <p>6:15 Humor Before Bed</p>
<p>9:45 Common Ground Church</p> <p>10:45 Movement To Music</p> <p>11:30 Singing Together</p> <p>1:30 Strolls & Visits</p> <p>2:00 Bingo-2nd Fl. Activity</p> <p>3:00 Afternoon Cheers & REMENISCING</p> <p>6:15 Evening Devotions</p>	<p>10:15 Stretches & Meditation</p> <p>10:45 Reading Aloud</p> <p>11:15 Morning Bingo</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Craft Corner</p> <p>"Black & White Gourds"</p> <p>3:00 Flavored Yogurt</p> <p>3:15 Word Find Game</p> <p>4:00 MOMA Art Review</p> <p>4:30 Calming Meditation</p> <p>6:15 Memory Game</p>	<p>10:15 Dice Tone</p> <p>10:45 Mind Challenge Quiz</p> <p>11:00 Food Creations</p> <p>"Pumpkin Parfait"</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Fall Ride Around</p> <p>3:30 High Tea & Word Association</p> <p>4:00 Afternoon Stretch & Meditation</p> <p>6:15 Evening Devotions</p>	<p>10:15 Chair Yoga</p> <p>10:45 Picture Memories</p> <p>11:00 Vegetable Art</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Massage Therapy & Herb Tea</p> <p>3:00 Picture Memories</p> <p>3:30 Singing Together</p> <p>4:00 Corn Hole Toss</p> <p>6:15 Adult Coloring</p>	<p>10:15 Fast Tempo Moving</p> <p>10:45 Math Quiz</p> <p>11:00 Sensory Craft</p> <p>"Sensory Pouches"</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Matinee & Snack</p> <p>3:30 Afternoon "Cards"</p> <p>4:15 Reading & Relax</p> <p>6:15 Memory Game</p>	<p>10:15 Morning Stretch</p> <p>10:45 Master Mind</p> <p>11:15 Table Games</p> <p>1:30 Room Visits & 1-1</p> <p>2:00 Outside Visits</p> <p>2:15 SNACK TIME</p> <p>2:45 Games</p> <p>3:15 Picture Memories</p> <p>3:45 Afternoon Stretch</p> <p>6:15 Humor Before Bed</p>
<p>9:45 Richmond Grace Fellowship</p> <p>10:45 Rise & Shine Tone</p> <p>11:15 Mind Challenges</p> <p>2:00 New Bethesda Baptist Church</p> <p>3:00 Afternoon Cheers & REMENISCING</p> <p>6:15 Evening Devotions</p>	<p>10:15 Stretches & Meditation</p> <p>10:45 Reading Aloud</p> <p>11:15 Morning Bingo</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Craft Corner</p> <p>"Sensory Pouches"</p> <p>3:00 Flavored Yogurt</p> <p>3:15 Word Find Game</p> <p>4:00 MOMA Art Review</p> <p>4:30 Calming Meditation</p> <p>6:15 Memory Game</p>	<p>10:15 Dice Tone</p> <p>10:45 Mind Challenge Quiz</p> <p>11:00 Table Games</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Baking Corner</p> <p>"Banana Scarecrows"</p> <p>3:30 High Tea & Word Association</p> <p>4:00 Afternoon Stretch</p> <p>6:15 Evening Devotions</p>	<p>10:15 Chair Yoga</p> <p>10:45 Picture Memories</p> <p>11:00 Sach's From Herbs</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Massage Therapy & Herb Tea</p> <p>3:00 Picture Memories</p> <p>3:30 Singing Together</p> <p>4:00 Corn Hole Toss</p> <p>6:15 Adult Coloring</p>	<p>10:00 Exercise</p> <p>10:30 Kristen Harp</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Matinee & Snack</p> <p>3:30 Birthday Party Social & Party Games</p> <p>4:15 Afternoon Stretch</p> <p>6:15 Memory Game</p>	<p>10:15 Morning Stretch</p> <p>10:45 Master Mind</p> <p>11:15 Table Games</p> <p>1:30 Room Visits & 1-1</p> <p>2:00 Outside Visits</p> <p>2:15 SNACK TIME</p> <p>2:45 Games</p> <p>3:15 Picture Memories</p> <p>3:45 Afternoon Stretch</p> <p>6:15 Humor Before Bed</p>
<p>10:00 Shady Grove UM</p> <p>10:45 Chair Tone</p> <p>11:30 Singing Together</p> <p>2:00 Bingo</p> <p>3:00 Afternoon Cheers & REMENISCING</p> <p>6:15 Evening Devotions</p>	<p>10:15 Stretches & Meditation</p> <p>10:45 Reading Aloud</p> <p>11:15 Morning Bingo</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Craft Corner</p> <p>"Witches Hats"</p> <p>3:00 Flavored Yogurt</p> <p>3:15 Word Find Game</p> <p>4:00 MOMA Art Review</p> <p>4:30 Calming Meditation</p> <p>6:15 Memory Game</p>	<p>10:15 Dice Tone</p> <p>10:30 Halloween Trick Or Treat Visitors</p> <p>11:15 Baking Corner</p> <p>"Halloween Hat Treats"</p> <p>2:00 Halloween Party</p> <p>"Spooky Stories & Game"</p> <p>3:30 Music- Mary Stella</p> <p>6:15 Evening Devotions</p>	<p>10:15 Chair Yoga</p> <p>10:45 Picture Memories</p> <p>11:00 Sach's From Herbs</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Massage Therapy & Herb Tea</p> <p>3:00 Picture Memories</p> <p>3:30 Singing Together</p> <p>4:00 Corn Hole Toss</p> <p>6:15 Adult Coloring</p>	<p>10:00 Exercise</p> <p>10:30 Kristen Harp</p> <p>1:30 Room Visits & Strolls</p> <p>2:00 Matinee & Snack</p> <p>3:30 Birthday Party Social & Party Games</p> <p>4:15 Afternoon Stretch</p> <p>6:15 Memory Game</p>	<p>10:15 Morning Stretch</p> <p>10:45 Master Mind</p> <p>11:15 Table Games</p> <p>1:30 Room Visits & 1-1</p> <p>2:00 Outside Visits</p> <p>2:15 SNACK TIME</p> <p>2:45 Games</p> <p>3:15 Picture Memories</p> <p>3:45 Afternoon Stretch</p> <p>6:15 Humor Before Bed</p>

October 2018

THE ALZHEIMER'S SUPPORT GROUP MEETS
THE 2ND TUESDAY AT 7:00 PM

FAMILY MEMBERS ARE WELCOME TO ALL PROGRAMS. PROGRAMS SUBJECT TO CHANGE.

Halloween